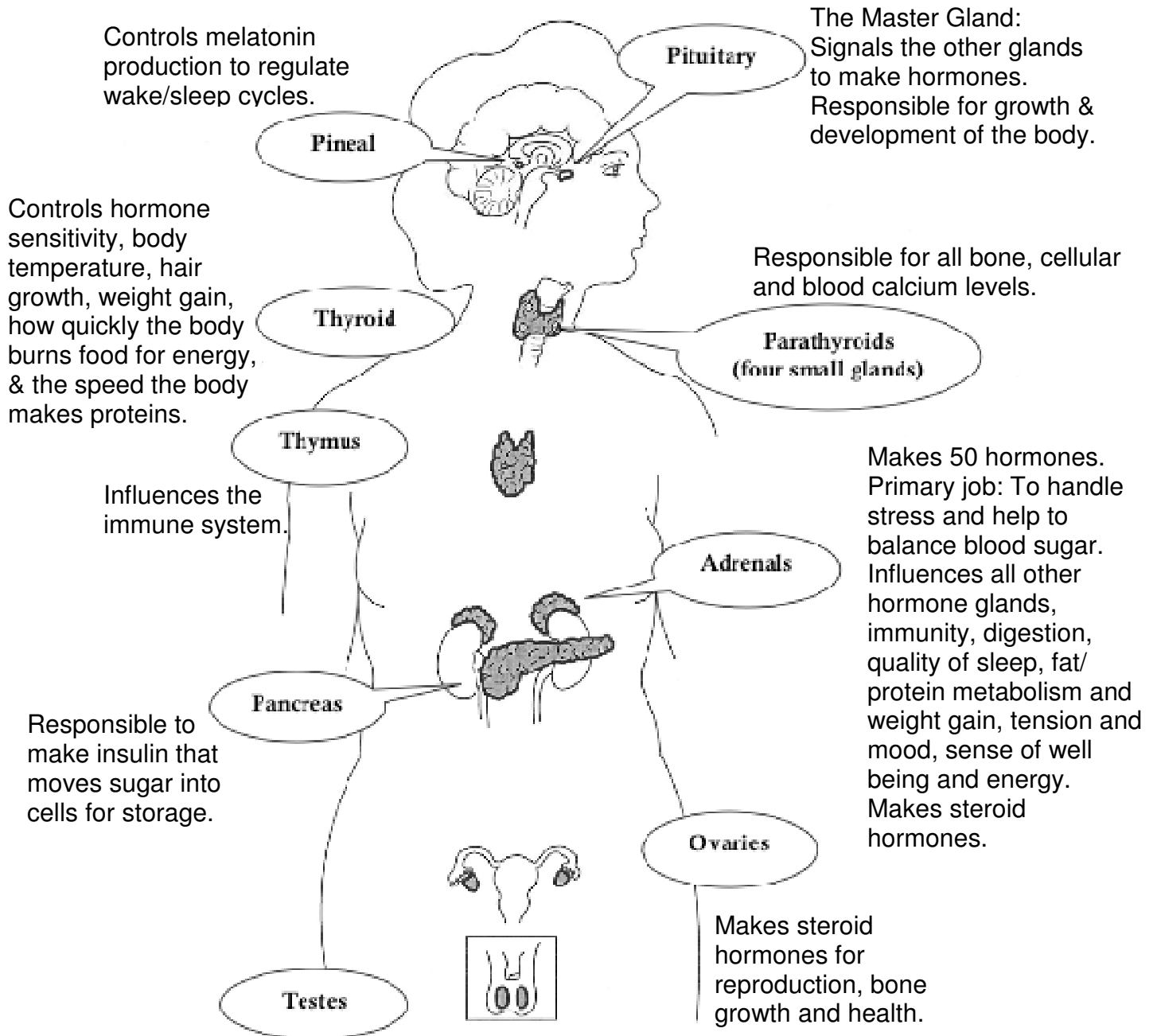


The Major Hormone Glands

Health is a balance of hormones produced by all of the endocrine glands. These glands make hormones in response to life, stress, brain and body signals. The hormones produced are chemical messengers that signal other hormones, and influence overall body function.



Known stressors that can adversely affect the entire hormonal system include Chemical, Physical and Emotional Stress. These include missing vitamins, minerals and general nutritional deficiencies, digestive disturbances, chemical toxicities from food, water, personal care cosmetics and the environment, dehydration, immune challenges, heavy metal toxicities, food allergies, environmental allergies, surgical and injury scars, physical stress from traumas, falls and injuries, and emotional/mental stress from life, work and relationships.